

Spring Creek Manor

July 2010



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Celebrating July

Picnic Month

Recreation & Parks Month

Anti-Boredom Month

Canada Day

July 1

U.S.: Independence Day

July 4

**Hop-a-Park Day &
Clerihew Day**

July 10

France: Bastille Day

July 14

Cow Appreciation Day

July 17

Ugly Truck Day

July 20

Hammock Day

July 22

Cheesecake Day

July 30



Spring Creek Manor Celebrates

15th Anniversary

~Come Join the Celebration~

Soda Springs City Park

Saturday, August 7th

10:00 a.m. to 2:00 p.m.

Free Food- Free Games & Entertainment



Barbershop Songs

“Let Freedom Sing!” That’s the motto of the Barbershop Harmony Society for their international convention from June 28-July 4 in Philadelphia, Pennsylvania.

This unique “a cappella” music originated in the barbershops of black communities. African-American gospel singers gathered in local barbershops to rehearse their singing for church. What makes barbershop music unique is the “ringing chord.” When the four voices in the quartet harmonize perfectly, the illusion of a fifth singer is created, producing a distinct sound known as “the angel’s voice.” Barbershop quartets practice endlessly to attain this difficult and elusive chord.



With the advent of radio, live performances went out of fashion and barbershop quartets were on the verge of extinction, but a lawyer and singer named Owen C. Cash acted to make sure the barbershop sound was preserved. On April 11, 1938, he gathered friends on the rooftop garden of a Tulsa, Oklahoma hotel. They burst into singing, stopping traffic on the street below and warranting a visit by local police, who told them to keep it down. But the Barbershop Harmony Society was founded and soon even women were forming their own “beautyshop quartets.”

In appreciation of the barbershop quartet, gather three of your friends, unite your voices, and belt out a tune, perhaps a barbershop favorite, “Down by the Old Mill Stream.”

*My darling I am dreaming of the days gone by,
When you and I were sweethearts
beneath the summer sky;
Your hair has turned to silver the gold has faded too;
But still I will remember, where I first met you.*

Spring Creek Manor Celebration

It has been 15 years since the Cleggs built their first of their 8 Manors in Soda Springs, Idaho, and we want to celebrate August 7th in the Soda Springs City Park from 10:00 a.m. to 2:00 p.m.— Everyone is invited!! There will be free food, games and entertainment for all ages.

Please mark your calendar and bring your family and friends.

Spring Creek’s Mission Statement
Celebrating Senior Moments

Spring Creek’s Vision Statement
Uniting with families, communities and professionals to provide compassionate care & dignity



We love music and Blanche Hulse shares her musical abilities as she plays a duet with Mr. Loyd. We treasure and celebrate this “Senior Moment”.



2010 4TH of July float (on the 5th)
Representing Spring Creek were Janice, Telese, Whitney, Madison, Wayne, Evelyn, Carole and daughter, and Payton
Thanks for all your support!

Pack Your Picnic Basket

July is Picnic Month, and there is no better month for packing your basket full of goodies, laying a blanket over the soft, green grass, and enjoying food, friendship, and fresh air.



The first picnics were not held outdoors at all. The first usage of the word was in 1692, in a French dictionary, where the word “pique-nique” was

used to describe a group of people who brought their own wine into a restaurant. It was not until the mid-1700s that the word picnic referred to a fun meal eaten outdoors. Still, no one knows where the French got the rhyming term “pick-nick,” although many rumors of its origin exist.

In the early 1800s, a group of Londoners formed an official “Picnic Society,” where each member agreed to bring a different dish, as in a potluck. More recently, in the year 2000, the French formed a 600-mile-long picnic to celebrate the first Bastille Day of the new millennium. Towns from coast-to-coast participated, using over 400 miles of red-checkered tablecloth.

July 10 is the Teddy Bears’ Picnic Day, a day honoring both picnics and the classic tune by John Walter Bratton and Jimmy Kennedy. This marks the perfect day for children to gather their teddy bears, lay down a blanket, and eat some snacks with their stuffed friends. They can even sing the song that made that day famous. Here’s the first verse:

*If you go out in the woods today,
You’re sure of a big surprise.
If you go out in the woods today,
You’d better go in disguise.*

*For every bear that ever there was
Will gather there for certain, because
Today’s the day the teddy bears have their
picnic.*

Cloe Stoddard Celebrated her 80th Birthday at Spring Creek With Family and Friends.....



Mirror, Mirror on the Wall



While standing in front of your mirror on July 3, give both your good-looking self and your mirror a compliment because the third is Compliment Your Mirror Day. After years of displaying your beautiful or handsome face, isn't it time you thanked your mirror for all its wonderful work?

Humans have been admiring themselves in mirrors for 10,000 years. The first mirrors were probably pools of water, and then people of ancient cultures fashioned mirrors out of polished stone and metal. Today, mirrors are made by applying a reflective silver coating to the back of a pane of glass. No matter what they're made of, their shape, size, or style, mirrors have played an important role throughout civilization – reminding us of how good we look. Time to return the favor.

July Birthdays

If you were born from June 22-July 22, you are a Cancer, the crab. If you were born from July 23-August 22, you are a Leo, the lion. A Cancer can be highly emotional, caring, generous, and intuitive. Leos are creative, enthusiastic, charismatic, and highly ambitious.

Dan Aykroyd (actor)	July 1, 1952
Anona Daggert (Resident)	July 3,
Ann Landers (advice columnist)	July 4, 1918
P.T. Barnum (circus showman)	July 5, 1810
Doc Severinsen (band leader)	July 7, 1927
Blanche Hulse, (Resident)	July 8,
Roylene Lucas (Resident)	July 9,
Amy Seifert, (Resident)	July 17,
"Red" Skelton (clown)	July 18, 1913
Natalie Wood (actress)	July 20, 1938
Pua Thompson (Resident)	July 21
RaeDean Carver (Resident)	July 21
Paul Anka (singer/songwriter)	July 30, 1941
Milton Friedman (economist)	July 31, 1912



Spring Creek Manor
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Soda Springs, ID 83276



Postage
Information