

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Building Codes Assisted Living –AL Assisted Living Plus –AP Recreation Center-RC</p>	<p>10:00 Fit & Fall Proof 1 Exercise – RC 1:30 Bingo – AL 3:30 Team Jeopardy-RC 6:30 Family Home Evening - AL</p>	<p>9:45 Shopping @ 2 Wal-Mart 1:30 Rummikub –AL 3:00 Monthly Birthday Cake - RC</p> <p style="text-align: center;">Groundhog Day</p>	<p>11:30 Wii Bowling-RC 3 11:45 Exercise w/ Andrea -AL 1:30 Bus Trip – Idaho Historical Museum- Cost \$4.00 1:30 Bingo -AL</p>	<p>10:00 Fit & Fall Proof 4 Exercise – RC 10:00 Craft – AL 11:15 Lunch @ Fortune Wok 12:30-1:45 Bookmobile</p>	<p>10:00 Cooking w/ Carrie 5 – AP 10:00 Cider & Social-AL 11:45 Exercise w/Andrea -AL 1:30 Bingo-AL 2:30 Movie&Popcorn-AP</p>	6
<p>1:15 Church Service 7 Kings Congregation -AL</p>	<p>10:00 Fit & Fall Proof 8 Exercise - RC 1:30 Bingo – AL 3:30 Resident Council -RC 6:30 Family Home Evening- AL</p>	<p>9:45 Shopping @ 9 Wal-mart 1:00 – 4:00 Dr. Appointments 3:00 Rummikub - AL</p>	<p>11:00 Music & Story 10 -AP 11:45 Exercise w/ Andrea – AL 1:30 Bingo-AL 1:30 Bus Ride</p>	<p>10:00 Fit&Fall Proof 11 Exercise- RC 11:15 Lunch @Grains of Montana 3:00 Majestic Theater \$6.75 - Movie “Extraordinary Measure”</p>	<p>10:00 Decorating Heart 12 Cookies- AL 11:30 Name That Love Song - RC 11:45 Exercise w/ Andrea – AL 1:30 Bingo- AL</p>	13
<p>1:15 Church Service 14 Kings Congregation -AL</p> <p style="text-align: center;">Valentine's Day Chinese New Year</p>	<p>10:00 Fit & Fall Proof 15 Exercise – RC 1:30 Bingo- AL 2:30 Floyd May Piano -AL 6:30 Family Home Evening - AL</p> <p style="text-align: center;">Presidents' Day</p>	<p>9:45 Shopping @ 16 Wal-Mart 3:30 Music w/ Marv</p> <p style="text-align: center;">Mardi Gras</p>	<p>11:30 Playing Bridge 17 - RC 11:45 Exercise w/ Andrea – AL 1:30 Bingo- AL 1:30 Bus Trip -Tour State Capital Building</p>	<p>10:00 Fit &Fall Proof 18 Exercise-RC 11:15 Lunch @ Goodwood BBQ 12:30 – 1:45 Bookmobile 1:30 Inspire Me - AL</p>	<p>10:00 Music w/ Journey 19 Hospice –AL 11:45 Exercise w/ Andrea – AL 1:30 Bingo – AL 2:30 Movie & Popcorn</p>	20
<p>1:15 Church Service 21 Kings Congregation -AL</p>	<p>10:00 Fit & Fall 22 Proof Exercise - RC 1:30 Bingo- AL 3:00 What am I? – RC 6:30 Family Home Evening - AL</p>	<p>9:45 Shopping @ 23 Fred Meyer 1:15 Horizon Foot Clinic Cost\$ 20.00 1:00 – 4:00 Dr. Appointments</p>	<p>11:00 Music & Story 24 -AP 11:45 Exercise w/ Andrea – AL 1:30 Bingo- AL 1:30 Bus Ride</p>	<p>10:00 Fit & Fall 25 Proof Exercise- RC 11:15 Lunch- Residents Choice 12:30 – 1:45 Bookmobile 1:30 Joke on You & Sweet Treat - AL</p>	<p>10:00 Musical Memory 26 w/ Diana - AP 11:45 Exercise w/ Andrea - AL 1:30 Bingo- AL 2:30 Movie & Popcorn -AP</p>	27
<p>2:30 Church Service 28 w/ Kings Congregation -AL 6:30 Southern Gospel Songs w/ Don, Rosa, and Friends - AL</p>	 <h1 style="font-size: 4em; color: #800000;">February 2010</h1> <h2 style="font-size: 2em; color: #800000;">Spring Creek Meridian – Condo Activities</h2> 					

On the second and fourth Tuesday of the month transportation to doctor's appointments is available from 1:00 – 4:00 pm in Meridian Area. Schedule a week in advance with Carrie.